

Christian Meditation

The first Scripture passage listed for each day
is suggested for Scripture writing.
The second passage is suggested for additional reading.

Day 1

- Luke 5:15-16 Jesus Needed Quiet Time
- Psalm 19 The Meditation of My Heart

Day 2

- Psalm 32:7 You Are My Hiding Place
- Isaiah 40:1-11 God Carries Us Close to His Heart

Day 3

- Jeremiah 29:11 Hope for the Future
- 1 Samuel 1:1-18 Pour Out Your Soul to the Lord

Day 4

- 2 Corinthians 10:4-5 Divine Power to Demolish Negative Thoughts
- Matthew 6:25-34 Do Not Worry

Day 5

- Ephesians 6:14-15 The Gospel of Peace
- Psalm 119:9-48 I Will Meditate on Your Wonders

Day 6

- John 14:26-27 My Peace I Give You
- Psalm 103 Praise the Lord, O My Soul

Day 7

- Psalm 94:19 God Brings Joy to My Soul
- Romans 5:1-11 Peace and Joy

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